How can we improve quality of care

Optimizing individual clinical care

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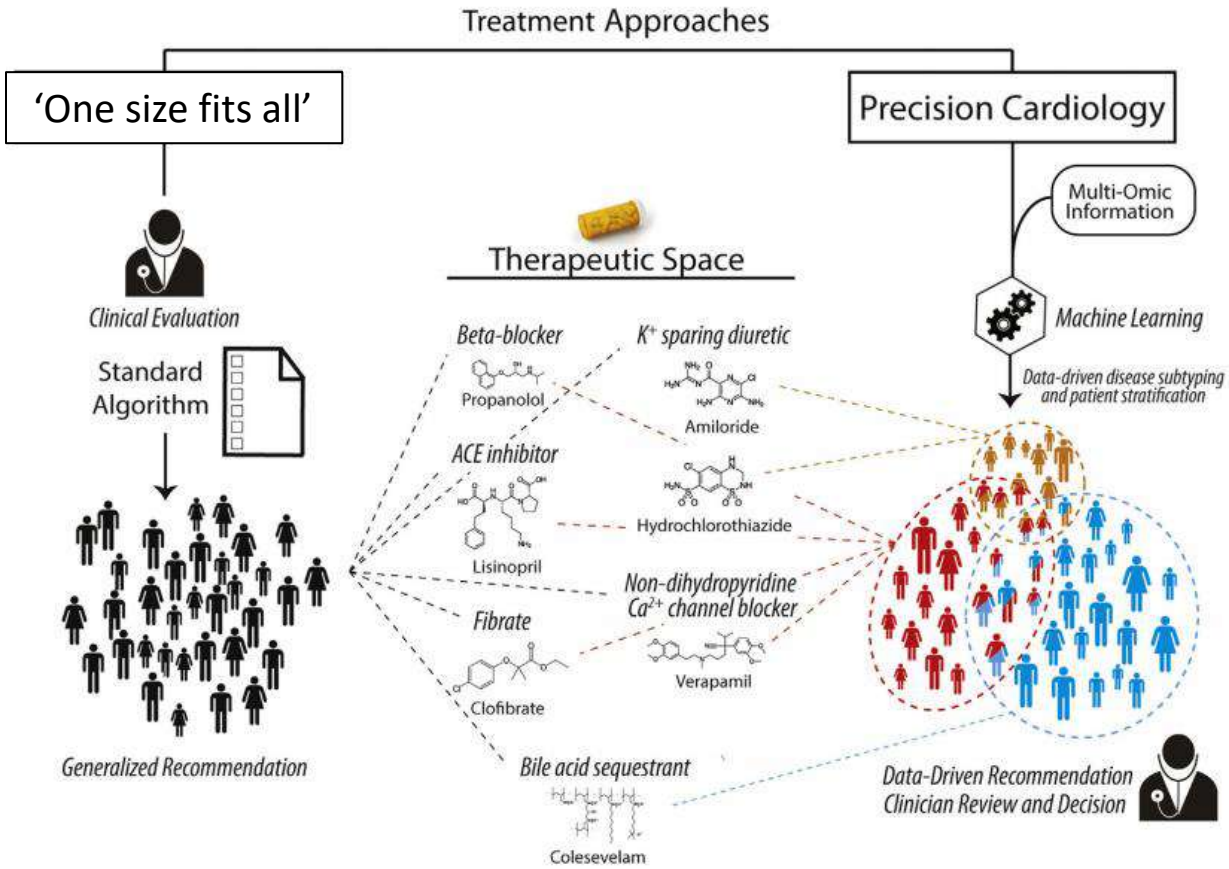
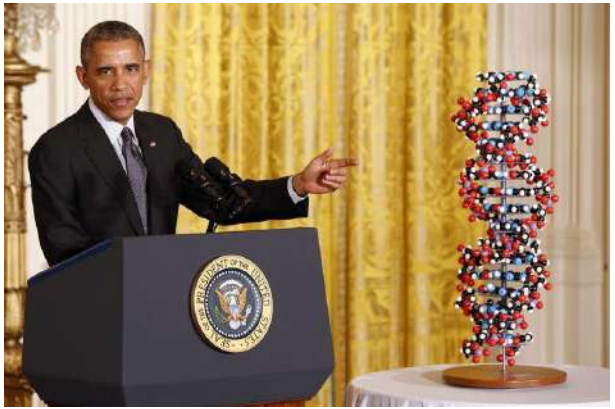
May 30, 2024

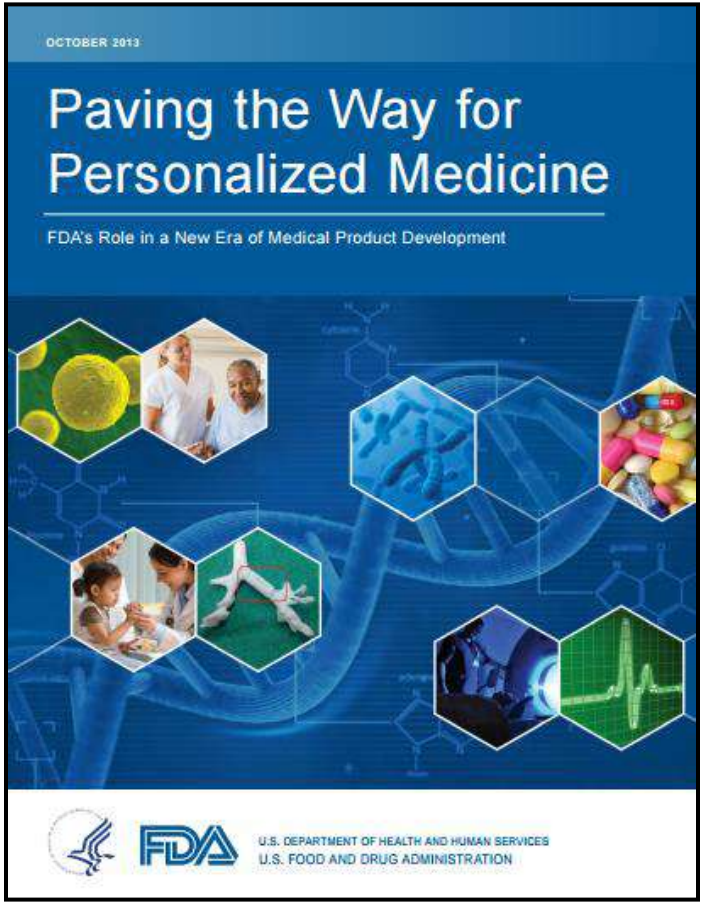
ESC
European Society of Cardiology



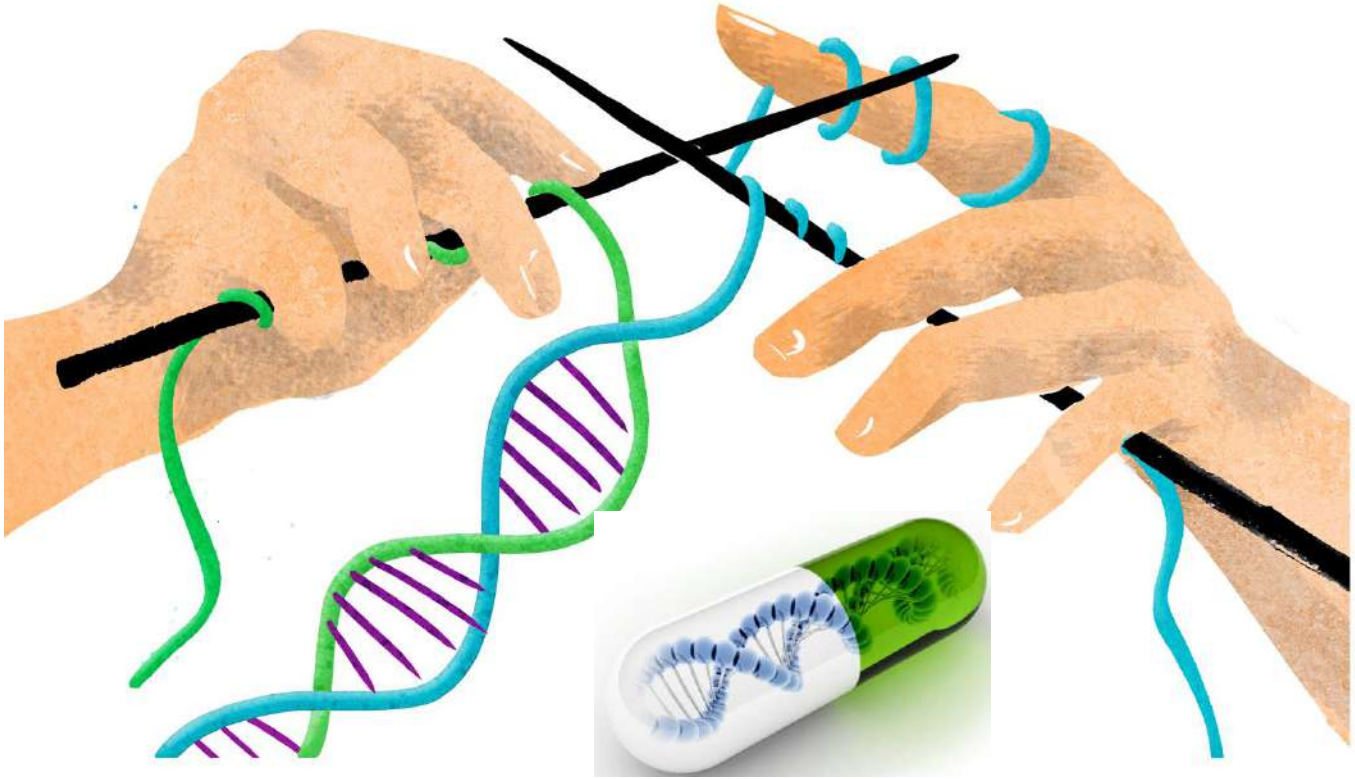
JACC: BASIC TO TRANSLATIONAL SCIENCE VOL. 2, NO. 3, 2017
JUNE 2017:311–27

Not a new idea





Genetic engineering ….



Genetic erasing ….

By Marc Lallanilla

Evidence-based ESC Guidelines

Optimizing individual clinical care

- **We should base all our therapy on Guidelines**
  - But leave room for individual adjustments
- **Listen to Professor Salim Yusuf**
  - Avoid too much polypharmacy (and delete unnecessary/DDI)
- **Patient engagement**
  - To improve adherence to therapy (prevention vs treatment)
  - Patient values and preferences
  - More time with each patient
  - AI, devises and telemedicine
  - Do not leave the responsibility on the individual patient
- **More NCS involvement**
  - We are dealing with ‘culture’
  - Involve NCS Reviewer of guidelines in local implementation

Evidence-based ESC Guidelines